

INFJ *Introverted - Intuitive - Feeling - Judging*
“Catalyst for Positive Change”

As an INFJ, career satisfaction means doing work that:

1. Lets me consider and create new ideas and/or approaches to a variety of problems, mostly those that help others to grow and develop.
2. Lets me produce a product or service that I believe in and am proud of.
3. Recognizes my authorship and ownership and my unique contributions.
4. Lets me express myself and see the results of my vision.
5. Lets me implement my ideas for the good of people or in the service of others; lets me work with others on a one-one-one basis.
6. Is done in a friendly and tension-free environment where my ideas are seriously considered and where I am psychologically supported for my efforts.
7. Can be done independently but with the opportunity to share frequently with others in an environment that is friendly and free of interpersonal conflicts.
8. Lets me organize my own time and work environment and exert significant control over both the process and product.
9. Gives me adequate time to formulate and process my ideas so they are thoroughly prepared.
10. Is in harmony with my personal values and beliefs and lets me maintain a high degree of personal and professional integrity.

Work-related strengths and weaknesses of INFJs include:

STRENGTHS:

Good at thinking up alternative and creative approaches to problems.
Able to understand complex concepts.
Promote harmony among others.
Persuasive leaders and committed to what they believe in.
Like to help others develop.

WEAKNESSES:

Can be inflexible and single-minded.
Can be impractical about viability of ideas.
Can be perfectionist and too independent for corporate culture.
May communicate in ways too complex for others to understand.

Popular Occupations for INFJs

COUNSELING/TEACHING

- Career counselor
- Psychologist
- Teacher: high school or college English, art, music, social sciences, drama
- Educational consultant
- Librarian

These occupations allow INFJs to use their ideas and knowledge to help others. The counseling and teaching fields require very personal interaction, often on a one-to-one basis, allowing INFJs to make in-depth connections with others. INFJs also enjoy studying, learning, and the growth opportunities found in an educational context, so they are usually quite comfortable in an academic setting.

RELIGION

- Priest/clergy/monk/nun
- Religious worker
- Director of religious education

Religious work requires a deep and personal commitment and a work philosophy that can be characterized as a mission. INFJs frequently see their work that way and find deep satisfaction in sharing their philosophy and beliefs with others.

THE ARTS

- Artist
- Playwright
- Novelist
- Poet
- Designer

The appeal of the arts to the INFJ is the ability to create unique works, using their own ideas and vision. The arts enable INFJs to express themselves in a personal way, and the result is often to have an impact on others. With these occupations, the work is generally done independently, allowing the INFJ to organize and control the environment, the process, and the product.

SOCIAL SERVICES

- Health care administrator
- Director, social service agency
- Mediator/conflict resolver
- Social scientist
- Social worker
- Mental health counselor

The social service occupations require a commitment to helping others, often within an organizational structure. Most INFJs enjoy working in such a setting, especially when it involves a small and close-knit staff. Social service enables the INFJ to consider and develop new approaches to the problems of individuals or society. Many times social workers work independently on a caseload, allowing them to have frequent and one-on-one interaction with clients and colleagues.

BUSINESS

- Human resources manager
- Marketer (of ideas and/or services)
- Organizational development consultant
- Employee assistance program coordinator/counselor
- Job analyst

Although INFJs do not tend to gravitate toward business careers in large numbers, there are areas of businesses in which INFJs may find satisfaction. Human resources, or personnel, and organizational development consulting are the “people” parts of business, requiring an interest in and facility with many different types of people. These occupations enable the INFJ to help others find jobs, structure effective work environments, and engage in creative problem solving in which people are the focus.

The marketing occupations enable INFJs to use their creative problem-solving abilities, often working on a team. If INFJs have significant input into the process and are able to maintain a comfortable level of personal and professional integrity, they can find this type of work satisfying.

Excerpt from Do What You Are: Discover the Perfect Career For You Through The Secrets of Personality Type; Paul D. Tiger & Barbara Barron-Tieger.